WRAPS served on a XL toasted flour tortilla

Chipotle Roasted Vegetable

one size \$11

Yams, red onion, red peppers, greens, chipotle mayonnaise & arugula

gf salad + \$2

Add Roasted Chicken + \$2 or Bacon + \$3

Falafel one size \$11

Fried chickpea patties, ginger spiced tomato, dill pickle, gf salad +\$2

fresh spinach & herbed yogurt

Butter Chicken N Rice

one size \$11

Basmati rice, butter sauce with chicken (or not), spinach and cheese curd

Vegetable Almond Pate

one size \$11

Baked potato, carrot, onion, garlic almond, yeast, braggs, herbs, Coconut oil with chipotle mayo, tomato, lettuce and pickle

SIDES

Macaroni & Cheese

one size \$7

Wheat noodles, onion, garlic, butter, cayenne, milk, flour cheddar, salt

Tabbouleh Salad

one size \$8

Bulgur wheat, parsley, tomato, lemon garlic dressing, fried Halloumi, herb yogurt sauce

Fresh HAND CUT POTATOES

 Fries
 sm \$4
 Ig \$7

 Add: bacon
 sm \$3
 Ig \$5

 Chipotle mayo or gravy
 sm \$2
 Ig \$3

Classic Poutine

sm \$7 lg \$12

Add: bacon or chicken sm \$3 lg \$5

Hand cut fries, cheese curd, vegetable based gravy

Butter Poutine

sm \$8 | Iq \$14

Hand cut fries, cheese curd, "Mountain Range" Indian Butter Sauce (tomato, spices, cream)

Butter Chicken Poutine sm \$10 lg \$16

Hand cut fries, cheese curd, "Mountain Range" Indian Butter Sauce (tomato, spices, cream) with oven roasted "Heritage Farms" chicken pulled from the bones